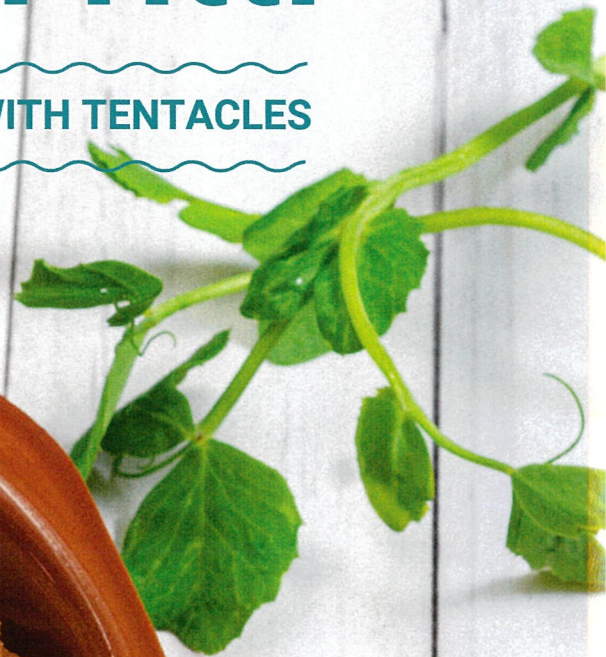




Calamari Fritti

LIGHTLY DUSTED LOLIGO SQUID WITH TENTACLES



PRODUCT DESCRIPTION

Calamari Fritti

Calamari Fritti, made from lightly dusted Loligo squid rings with tentacles, delivering a deliciously crispy, golden-fried texture with authentic, restaurant-quality taste in every bite.

COOKING INSTRUCTIONS

Cook from frozen. **Deep Fry:** Preheat oil to 170-180°C and fry for 2-3 minutes, until fully cooked. **Conventional Oven:** Preheat to 230°C (fan-forced). Place squid on a preheated tray and bake for 12-14 minutes, turning halfway until fully cooked. **Air Fry:** Set to 180°C. Arrange squid in a single layer and cook for 8-10 minutes, turning halfway. Adjust cooking times as needed.



PRODUCT SHEET



IMPORTED BY
PORTE D'MER PTY LTD
1800 849 748
portedmer.com.au

STORAGE
KEEP FROZEN AT -18°C.
DO NOT REFREEZE.

ITEM

Calamari Fritti PDM505

RAW OR PRE-FRIED

Raw

ORDER SIZE

4 x 1kg

SHELF LIFE

18 - 24 months

NUTRITION INFORMATION

Servings per package: 10

Serving size: 100g

	AVERAGE QTY PER SERVING	AVERAGE QTY PER 100g
Energy	795kj	795kj
Protein	8g	8g
Fat, total	11g	11g
- Saturated	2g	2g
Carbohydrate	17g	17g
- Sugar	0g	0g
Sodium	1mg	1mg

Nutritional information provided for indicative purposes only.

INGREDIENTS

Squid (Mollusc) (80%), Wheat Flour (10.5%), Water, Distarch phosphate 1412, Acetylated Distarch phosphate 1414, Chilli powder, Ginger powder, Black pepper powder, Garlic powder, Sugar, **Skim Milk powder,** Salt, Corn Starch, Monosodium Glutamate 621, Sodium acid pyrophosphate 450, Dextrose (Maize Wheat), 500ii, 339, Vegetable Oil.

Contains: **Molluscs, Wheat (Gluten), Milk.**

May contain: **Crustacea, egg, Fish.**